



The information below was kindly supplied by Adam Tucker:

Local support during the cost-of-living increases

We are hearing more and more in the news about how the cost of living increases may affect us. There is more information below on how to get help if you need it.

Energy Support

Every household will be eligible for £400 payment towards their energy bills from the government.

How will I receive my payment?

Fixed monthly direct debit: Some providers will deduct £66 or £67 from each monthly bill, meaning you may pay slightly less or could adjust your payments to build up credit for the winter months. Others will refund the money back to your bank account after you've made your monthly payment.

Monthly bills based on what you use: Some providers will knock £66 or £67 off your bill, effectively as a discount. Others are applying the £66 or £67 as credit, which will likewise reduce the total bill.

West Wight Timebank, Lavender Cottage, Main Road, Newbridge, Isle Of Wight, PO41 0TX
Tel: 07972 304 294 Email: info@wwtb.org Website:
<http://www.westwighttimebank.org.uk>





Smart prepayment meter: Suppliers will add credit automatically to your meter. Most major suppliers said this is done in the first week of the month.

Traditional prepayment meter, topped-up at a shop: For these customers, vouchers will be sent in the post by all the main suppliers. The vouchers are redeemable at Post Office or PayPoint stores, where customers usually top up. For most suppliers, the voucher should arrive in the post by 17th of each month and is only valid for 90 days.

Energy support on the Isle of Wight

The Footprint Trust offer impartial information on saving energy and water in the home on the Isle of Wight. Most households they assist could cut their bills by around £200 to £300 per year. Trained staff can chat to you over the phone, or by email. When safe to do so they can visit you in your home. Visit <https://footprint-trust.co.uk/>, call 01983 82 22 82 or email info@footprint-trust.co.uk

Struggling with your water bill?

Contact Southern Water via

<https://www.southernwater.co.uk/account/what-if-i-can-t-pay-my-bill> or

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Struggling and in crisis right now?

Contact Help Through Crisis at Citizens Advice Bureau via <https://www.iow.gov.uk/HelpThroughCrisis/Home/index> or 01983 823859.

Need help but not sure where to start?

Pop and see Adam Tucker, Community Connector or Mel Gardiner, Just Ask Support Officer at one of the weekly Our Place community sessions (Footprint Trust also visit once a month):

Mondays: Our Place Totland, Christ Church, Alum Bay New Road, Totland, PO39 0ES. 2pm-4pm

Tuesdays: Our Place Freshwater, West Wight Sports and Community Centre, Moa Place, Freshwater, PO40 9XH. 10:30am to 12:30pm

Or contact:

Adam via 07498 496 719, 01983 240 722 or adam.tucker@westwight.org.uk

Mel via 07599 465722 or justask@westwight.org.uk

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For more information about Our Place sessions, visit
<https://westwight.org.uk/community/our-place>

Community Meals

Pop along to meet other community members and share a hot meal on the following times each month:

First Monday of the month

Freshwater Methodist Church, Brookside Road, Freshwater, PO40 9ER

Time 12:00 noon to 13:30

Free but donations welcome

Second Monday of the month

Our Place, Christ Church, Alum Bay New Road, Totland, PO39 0ES.

Time 12:45 – 14:00

Free but donations welcome

Third Tuesday of the month

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Our Place, West Wight Sports and Community Centre, Moa Place,
Freshwater, PO40 9XH

Time 12:45 – 14:00

Free but donations welcome

Last Tuesday of the month

Colwell Baptist Church, Colwell Road, Freshwater, PO40 9NB

Time 17:00 – 18:00

Free but donations welcome

What's on West Wight

Want to know more about what is happening in your local community? Visit <https://westwight.org.uk/community-connector/> to download the latest what's on West Wight guide. Printed copies are available from West Wight Sports and Community Centre and local churches or from Adam Tucker, the Community Connector

Adam Tucker

Community Connector and

Community Resilience Coordinator

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Freshwater, Yarmouth, Totland and Shalfleet

Mobile: 07498 496 719

Direct Dial: 01983 240 722

West Wight Sports and Community Centre Reception: 01983 752 168

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www.facebook.com/CommunityConnectorWestWight

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