



West Wight Timebank February Newsletter

What you can spend your credits on

Please text Sally if you would like to know how many credits you currently have. We have lots of offers for you to spend your credits on such as cat sitting, IT, group gardening amongst other things.

- Another option for you is to spend your credits using our Community Voucher Scheme. For 20 credits you can have a voucher which will give you an offer from one of the following:

- The Bay B&B
- Electric bike hire from the Bay
- Medlars B&B
- WWSCC swimming voucher
- Bee's Beauty
- Scoops Ice cream

You can also spend your own credits on the following;

- ❖ 3 sessions from a qualified Body Stress Practitioner
- ❖ Timebank electric bike use
- ❖ Gazebo and table use

Alternatively, you can donate some of your credits to other individual members or organisations, just let Sally know. 😊



Fundraising and Timebank events



Timebank has recently received a fantastic £500 from WightAid, which will be spent on resources to support the plastic refill scheme, and a fruit cage for the TB allotment, (the

allotment belongs to West Wight Nursery). We have also received £100 from Totland Parish Council, to go towards our annual insurance fee, and £50 from Shalfleet Parish Council. In order to raise additional funds for our running costs, we have some lovely activities planned, and look forward to seeing you, your family and friends.

Timebank activities for 2020

Further details will be sent out to you by email:

- **Quiz** – 29th March 8pm at the Waterfront
- **South TV coming to film** TB members in action– 3rd April
- **Table at Wolverton Manor** – 16th May
- **Riverfest** – plastic refill table – 30th May



- **Zero waste picnicfest** – 19th July in Freshwater to support an idea tht Faith has initiated. Members will be most welcome to help at this event and of course earn time credits for doing so. Sally will have a list of jobs that you could help with.
- **Shalfleet Fete-** 31st August members needed to help run a table for this please.
- **Music and Tea on the Lawn** – Shalfleet Village Hall – 6th September pm.
- **This is to celebrate the Timebank being 5 years old!**
- **Quiz** – 6pm 15th November at The Waterfront



In order to maximise our funding pot, we are also considering car boot sales, postcode lottery, Amazon links for charities and we look forward to Avril's cook book which we hope will be available soon.



The West Timebank recognises that Safeguarding is something we all need to be aware of, and would like to draw all members attention to the Isle of Wight Council's Safeguarding leaflet. If you would like to discuss this, or undertake safeguarding training please let Sally know.





This poster has been sent by one of our organisational members and we have been asked to share it.

THE BAND OF THE HAMPSHIRE CONSTABULARY

2.30PM SUNDAY 15TH MARCH
ALL SAINTS CHURCH RYDE
BRING THE WHOLE FAMILY TO OUR CHARITY CONCERT IN AID OF

 

REFRESHMENTS, RAFFLE AND COLLECTION
CONTACT US TO RESERVE SEATS
07548 918810
PAULS@IWCAB.ORG.UK

FREE ENTRY

 **FR** Registered with FUNDRAISING REGULATOR



Allotment

On Friday 21st of February, Gilly, Penny, Amy and Sally visited our allotment to plan for the season ahead. We also cleared one of the beds, ready for the growing season.





Requests

- Group gardening session – Friday 28th February 11:30 - 1pm in Yarmouth. Please let Sally know if you are able to help.
- Allotment clearing up session – March 27th 9-11am.
- Baby sitting.
- DIY



- We already have a TB small recorder group that meet, and have one or two members who would like to sing together. If you would like to join either of these music groups please get in touch with Sally who can give you further details.
- We now have 3 people who would like to do a drawing workshop and 2 to do a glass and draft wood workshop. Sally would like to plan this when we have 6 people on each day, so please give her a ring to book a place or to find out more about it.

The Good Grief Trust

One of our organisational members have asked us to share information about the Good Grief Trust locally. They are new to the island and are keen to have their existence shared.

The Good Grief Trust

Patrons; Fiona Murphy MBE, HM Coroner Joanne Kearsley, Shirlie Kemp, Debbie Flint (QVC), Todd Carty, Phil Tufnell

www.thegoodgrieftrust.org

www.twitter.com/goodgrieftrust

www.facebook.com/thegoodgrieftrust/

www.gofundme.com/thegoodgrieftrust



Plastic Refill Dates for March

6th – Totland Meet & Eat 12-1

9th – Methodist Church 10-12

10th – CHOYD 10.30-12

16th – Pearl Centre – 2.30-4pm

18th – Freshwater Coffee House – 2-4

21st Naturezones, Blackwater – eco day 11-3pm

26th – WWSCC coffee morning – 10-12

27th – Library – 2-4

Regular Time Bank Events

The next **coffee morning** will be on Thursday 27th February. Please do come along from 10:30am-12pm for a coffee and a chat.

The **plastic re-fill scheme** will be there too so do bring your empty plastic bottles to refill.

The next **Adult Drop and Swap** will be on Tuesday 3rd March from 10:30-12 at Our Place at WWSCC. If you have household items you can bring, we would appreciate it (you can bring them along to coffee morning this Thursday too).

The next **Book Club** is TBC



The **Family Drop and Swap** is on Mondays (term time only) from 10-12 at the Family Centre (Barnardos) next to WWSCC.

The second **Family Drop and Swap** is now every month on the first Thursday. The next one is 5th March 2:30pm start.

Litter picking will not take place this month.

The **Meet and Eat** takes place from 12-2pm at St Saviour's Family Centre, Totland which is next to St Saviour's Holy Catholic Church. The next Meet and Eat is on 6th March 2020.

We will be offering a Drop and Swap at the Meet and Eat so please do come along and share a delicious lunch. If you have a household item to swap, please do bring it along. We will also have the re cycling plastic scheme there, so please do bring along your empty bottle to refill.

The next **Time bank lunch** will be at The End of The Line in Freshwater on Friday 27th March from 12-2.